

References to Time in Psalm 90

- Verse 1 — “in all generations”
- Verse 2 — “Before the mountains...”, “from everlasting to everlasting”
- Verse 3 — “Return...return” [This is a time reference because “return” means going back to a place one has been previously in time.]
- Verse 4 — “A thousand years,” “yesterday,” “past,” “a watch in the night”
- Verse 5 — “in the morning”
- Verse 6 — “in the morning,” “in the evening”
- Verse 9 — “all our days,” “we bring our years to an end”
- Verse 10 — the entire verse! “The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away.”
- Verse 12 — “teach us to number our days”
- Verse 13 — “Return,” “How long?”
- Verse 14 — “in the morning,” “all our days”
- Verse 15 — “for as many days,” “for as many years”